

Bringing you news, advice, and tools to improve your barn management experience



As the summer months draw near and temperatures get warmer, it's important to remember how to stay proactive and avoid overheating, for both yourself and your horse. With long days, high temperatures, and extreme humidity levels, overheating can happen fast and with little warning. But with proper preparation, you can keep your horse and yourself cool all summer long.

1. Hydrate. This is a no-brainer, but when temperatures start to heat up again and we are sweating more than we're accustomed to, hydration levels can fall fast. Drink plenty of water both before and after your ride, and snack on hydrating foods such as cucumbers, strawberries, and watermelon.

2. Ride at the beginning or end of the day. Typically, the sun is strongest in the middle of the day, causing temperatures to reach their highest points in the afternoons. If you can ride first thing in the morning, you'll likely beat the heat and can get on with the rest of your day. If you can't ride until later in the day, wait until the sun is down and the temperatures have cooled off slightly.

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BarnManager in the News

BarnManager Founder and CEO Nicole Lakin Named Chief Development Officer by the Sport Horse Research Foundation

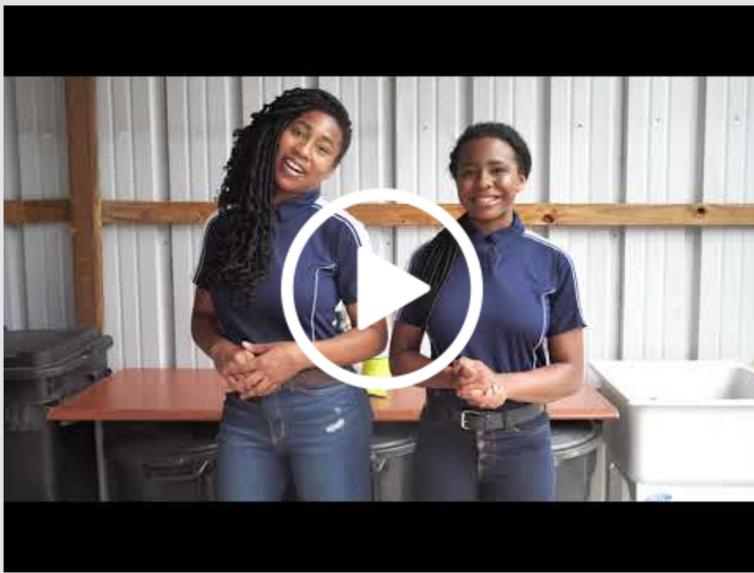
The Sport Horse Research Foundation has appointed Nicole Lakin as Chief Development Officer. In this role, Nicole will be working to develop partnerships and processes to help move sport horse-focused research forward.

The mission of the Sport Horse Research Foundation is to advance and direct scientific research and education that will enhance the health, athletic performance, and career longevity of sport horses.



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TIP OF THE MONTH, FROM SISTERS HORISING AROUND



If you've felt like the flies are already out of control in your barn, the Harris Sisters from Sisters Horising Around are here with suggestions on which fly traps are best and how to stage them around your farm to ensure optimal fly reduction.

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BarnManager is a cloud-based software solution that provides horse owners and managers with the tools they need to streamline and simplify their daily management responsibilities. The program offers digitized record keeping for the many facets of horse care and has developed intuitive and simple business tools to make small business management accessible and easy.